



CONGRATULATIONS You Got Grounded!



Offense: _____

To get ungrounded you must earn _____ points.

- ➡ Do the laundry (wash, dry, fold, put away) = 50 points per load
- ➡ Clean and organize kitchen = 40 points
- ➡ Empty dishwasher = 25 points
- ➡ Load dishwasher = 25 points
- ➡ Clear and clean dinner table = 20 points
- ➡ Help prepare and cook dinner = 100 points
- ➡ Clean and vacuum room = 50 points
- ➡ Clean the bathroom = 50 points
- ➡ Take out trash and re-bag = 15 points per trashcan
- ➡ Finish homework early = 30 points
- ➡ Write a nice letter to a family member = 10 points
- ➡ Be active outside without screens = 25 points per 30 minutes
- ➡ Wash windows (inside and out) = 50 points
- ➡ Dust the whole house = 20 points per room
- ➡ Wash the pet = 40 points
- ➡ Sweep the whole house = 100 points
- ➡ Organize the pantry or fridge = 30 points
- ➡ Vacuum the carpet = 25 points
- ➡ Mop the tile = 50 points